

# LIVEWELL KIT

When life gets hectic and stressful, the LIVEWELL KIT will help keep you calm and centered. This budget-friendly wellness kit encourages balanced living at home, at work or on the go.



## KIT INCLUDES

- 1 Flat Resistance Band
- 2 LiveMindfully Cards
- 3 EatWell Cards
- 4 BeActive Cards
- 5 Packaging

Welcome Guide with Access to Online Resource Hub.

## PACKAGING OPTIONS

- a Semi hard zippered case (OR) b Canvas zippered bag

**Dimensions:** 7.5" x 3" x 3.5"

**Dimensions:** 8.5" x 7"

**Product Weight:** 1 lb

**Product Weight:** 0.75 lbs

## ADDITIONAL INFO

LiveMindfully Cards: 3.5" x 2" x 0.25" | 3 Oz

EatWell Cards: 3.5" x 2" x 0.25" | 3 Oz

BeActive Cards: 3.5" x 2" x 0.25" | 3 Oz

Imprint Area: 3" x 1" | Set Up Charge: \$25 (E)

Minimum Order Quantity: 25



## RESOURCE HUB (included)



200+ Online  
Exercise Library



6 Week Workout  
& Nutrition Plan



Ask the Coaches  
- via Email



Motivating Workout  
Videos & Articles



Fit in 5 Series  
and more!