

LIVEMINDFULLY CARDS

Life can get busy and stressful. The LIVE MINDFULLY CARDS help you slow down, focus and recharge. It's a go-to resource to calm the mind, find work-life balance, get better sleep, and gain inner happiness. Small and convenient to keep at your desk, in your bag, or on the go!



mind well



ADDITIONAL FEATURES

- 1 Created by our team of Wellness Professionals
- 2 Glossed Card Stock
- 3 28, double sided Cards
- 4 Ring Closure
- 5 Shrink Wrapped
- 6 Comes in Spanish & French!

ADDITIONAL INFO

LiveMindfully Cards: 3.5" x 2" x 0.25" | 3 Oz
Imprint Area: 3" x 1" | Set Up Charge: \$25 (E)
Minimum Order Quantity: 25

TIPS INCLUDED



Calm the Mind



Find Work Life
Balance



Sleep Soundly



Create Happiness
And More!